



Helping you *thrive*  
throughout your day—every day.

**Discover how Cargill contributes to your quality of life.**

# 6:00 a.m.



Get off to the right start by brushing your teeth with toothpaste containing Cargill's non-cariogenic (decay preventing), tooth-friendly ingredients derived straight from nature. Fresh breath is one thing you won't have to worry about today.



# 6:30 a.m.



Stay hydrated when exercising with a sports drink that features Cargill's health and specialty ingredients, texturizers, acidulants, sweeteners and more to give you the perfect balance of carbohydrates, electrolytes and taste.



# 7:00 a.m.

We all want the best for our pets—so feed them with Cargill's specially-formulated pet food or treats for the highest standards of quality, nutrition and food safety.



# 7:10 a.m.



Get ready for the day ahead by showering with a gel containing Cargill's unique ingredients—high in moisture and easy to apply. These are high in moisture and make the gel easy to apply. Cargill ingredients make shampoos lather quickly and hair gel style more easily. Don't forget body milk derived from 100% natural ingredients which is quickly absorbed and non-sticky for a smooth rich velvety feel with long-lasting freshness.



# 7:30 a.m.



Enjoy breakfast with a yogurt containing Cargill's dairy-based texturizers. It tastes great and looks after your digestive wellness and protein content at the same time.



# 11:30 a.m.



If you're not feeling great, choose pharmaceuticals that contain Cargill oils and dextrose, and are encapsulated using our starches and seaweed extracts to make them easy to swallow.



# 1:00 p.m.



Lunchtime. Try shrimp, salmon or seafood raised on our feed containing sustainable and traceable ingredients, which also supports aquaculture health and welfare.



# 6:00 p.m.



Pick up a box of chocolates containing Cargill cocoa and chocolate products that include cocoa liquor, cocoa butter, and fillings. Our cocoa is sustainable—and our focus on the wellbeing of cocoa farmers, zero-deforestation, and zero-child-labor will meet your environmental expectations.



# 6:30 p.m.



Evening mealtime for the youngest in the family. Use Cargill's pre-prepared baby food, with its creamy texture and high quality, low contaminant infant grade oils and ingredients designed specifically for alternative milk and infant food.



# 7:30 p.m.



How about a tasty steak containing our premium, fresh beef? Our U.S. beef is grass-fed, grain-finished, guaranteed tender and traceable back to the animal's birth on one of our supplier's sustainably operated ranches.



# 8:00 p.m.



To finish your meal, opt for a frozen dessert which has been set using Cargill gelling and thickening agents. Additionally, our stevia-based sweeteners reduce sugar content without affecting flavor and include familiar ingredients that make the label easy to read and understand.



# 10:30 p.m.



Bedtime! Go to sleep on a comfortable and supportive mattress containing polyurethane foam made with BiOH polyols. These foams reduce our environmental footprint and meet consumer demands for performance and pricing.

